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|  |  | **Week 1** |  |  |  | **Week 2** |  |  |  | **Week 3** |
|  |  | **Weeks commencing:**  2 Sept, 23 Sept, 14 Oct, 11 Nov, 2 Dec |  |  | **Weeks commencing:**  9 Sept, 30 Sept, 21 Oct, 18 Nov, 9 Dec |  |  | **Weeks commencing:**  16 Sept, 7 Oct, 4 Nov, 25 Nov, 16 Dec |
| Monday |  | **(1) Juicy Meatballs in a Tomato Sauce with Pasta**  (Meatballs – gluten, celery, soya, sulphur dioxide/Pasta – gluten)  **(2) Pasta Neapolitan ‘V’**  (Gluten)  **(3) Jacket Potato with Cheese**  (Dairy)  **(4) Packed Lunch Option - Ham**  (Roll – gluten, may contain sesame  served with **Vegetables**  **Waffle, Ice Cream & Sauce**  (Waffle – gluten, egg, soya, may contain Dairy/Ice Cream - dairy) | Monday |  | **(1) Butchers Beef Burger in a Soft Roll**  (Gluten, soya, sulphur dioxide/Roll – gluten, may contain sesame)  **(2) Vegetable Breaded Burger ‘V’**  (Gluten, soya, may contain sesame)  **(3) Jacket Potato & Tuna Mayonnaise**  (Fish, egg, mustard)  **(4) Packed Lunch Option - Cheese**  (Roll – gluten, may contain sesame/Cheese - dairy)  served with **Diced Potatoes** and **Sweetcorn**  **Arctic Ice Cream Roll**  (Gluten, dairy, egg, soya) | Monday |  | **(1) Breakfast Brunch– Sausage/Bacon/Hash Browns & Beans**  (Sausage – gluten, celery, mustard, sulphur dioxide/Hash Browns – gluten, may contain dairy & egg)  **(2) Vegetarian Breakfast ‘V’**  (Sausage – gluten/Hash browns – as above)  **(3) Jacket Potato & Cheese**  (Dairy)  **(4) Packet Lunch Option - Ham**  (Roll – gluten, may contain dairy)  Served with **Peas**  **Shortcake Biscuit**  (Gluten) |
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| Tuesday |  | **(1) Katsu Chicken & Rice**  (Chicken – Gluten/|Sauce – Gluten, soya)  **(2) Sweet Potato & Lentil Curry & Rice ‘V’**  **(3) Jacket Potato with Baked Beans**  **(4) Packed Lunch Option - Cheese**  (Roll – gluten, may contain sesame/Cheese - daiary)  Served with **Sweetcorn**  **Sponge Cake & Custard**  (Gluten, eggs/Custard – dairy) | Tuesday |  | **(1) Pasta Carbonara & Garlic Bread**  (Gluten, dairy/Garlic Bread – gluten, may contain sesame or dairy)  **(2) Sweetcorn & Courgette Fritter ‘V’**  (Gluten, dairy, egg)  **(3) Jacket Potato with Baked Beans**  **(4) Packed Lunch Option - Ham**  (Roll – gluten, may contain sesame)  served with **Peas**  **Fruity Crumble & Custard**  (Gluten, eggs/Custard - dairy) | Tuesday |  | **(1) Margherita Pizza**  (Gluten, dairy)  **(2) Cheese & Onion Omelette**  (Dairy, egg)  **(3) Jacket Potato & Baked Beans**  **(4) Packed Lunch Option – Tuna Mayonnaise**  (Roll – gluten, may contain sesame/Filling – fish, egg, mustard)  Served with **Diced Potato & Sweetcorn**  **Cake & Custard**  (Cake – gluten, egg/Custard – dairy) |
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| Wednesday |  | **(1) Butchers Roast Pork Sausages & Gravy**  (Sausages – gluten, celery, mustard, sulphur dioxide/Gravy – gluten, soya)  **(2) Vegetarian Quorn Sausage ‘V’**  (Gluten)  **(3) Jacket Potato with Tuna Mayonnaise**  (Fish, egg, mustard)  **(4) Packed Lunch Option - Ham**  (Roll – gluten, may contain sesame)  served with **Roast Potatoes & Vegetables**  **Fruit Jelly or Frozen Mousse**  (Mousse – dairy) | Wednesday |  | **(1) Roast Gammon & Gravy**  (Gravy – gluten, soya)  **(2) Vegetarian Roast ‘V’**  (Gluten, egg)  **(3) Jacket Potato with Cheese**  (Dairy)  **(4) Packed Lunch Option – Tuna Mayonnaise**  (Roll – gluten, may contain sesame/Filling – fish, egg, mustard)  served with **Roast Potatoes & Vegetables**  **Mini Doughnuts, Sauce & Sprinkles**  (Gluten, dairy, soya, egg) | Wednesday |  | **(1) Roast Chicken Breast & Gravy**  (Gravy – gluten, soya)  **(2) Cauliflower Cheese**  (Dairy)  **(3) Jacket Potato with Tuna Mayonnaise**  (Fish, egg, mustard)  **(4) Packed Lunch Option – Cheese**  (Roll – gluten, may contain sesame/Cheese – dairy)  Served with **Roast Potatoes & Vegetables**  **Fruit Jelly or Ice Cream**  (Ice Cream – dairy) |
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| Thursday |  | **(1) Bolognaise Sauce & Pasta**  (Pasta – gluten)  **(2) Quorn Bolognaise & Pasta ‘V’**  (Quorn Sauce – egg, gluten/Pasta – gluten)  **(3) Jacket Potato & Cheese**  (dairy)  **(4) Packed Lunch Option – Tuna Mayonnaise**  (Roll – gluten, may contain sesame/Filling – fish, egg, mustard)  served with **Peas**  **Chocolate Sponge & Chocolate Sauce**  (Cake - gluten eggs/Sauce – dairy) | Thursday |  | **(1) Cottage Pie & Gravy**  (Gluten, soya)  **(2) Quorn Cottage Pie “V”**  (Gluten, egg)  **(3) Jacket Potato with Baked Beans**  **(4) Packed Lunch Option - Cheese**  (Roll – gluten, may contain sesame/Cheese - dairy)  Served with **Vegetables**  **Sponge Cake & Custard**  (Cake – gluten, egg/Custard – dairy) | Thursday |  | **(1) Lasagne & Garlic Bread**  (Gluten, dairy/Garlic Bread – gluten, may contain sesame or dairy)  **(2) Macaroni & Vegetable & Tomato Bake with Garlic Bread**  (Gluten, dairy/Garlic Bread as above)  **(3) Jacket Potato with Baked Beans**  **(4) Packed Lunch Option - Ham**  (Roll – gluten, may contain sesame)  Served with **Peas**  **Sponge Cake & Custard**  (Gluten, egg/Custard – dairy) |
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| Friday |  | **(1) Pizza Baguette**  (Gluten, dairy)  **(2) Salmon Fishcake**  (Fish, gluten)  **Sausage Baguette**  (Gluten, celery, mustard, sulphur dioxide)  served with **Crispy Fries & Vegetable Sticks**  **Assortment of Cakes & Biscuits**  (Gluten, may contain eggs or dairy) | Friday |  | **(1) Chicken Fillet**  (Gluten, mustard)  **(2) Vegetarian Nuggets**  (gluten)  **(3) Ham Baguette**  (Gluten, may contain sesame)  served with **Crispy Fries & Vegetable Sticks**    **Assortment of Cakes & Biscuits**  (Gluten, may contain eggs or dairy) | Friday |  | **(1) Oven Baked Fish in Breadcrumb**  (Fish, gluten)  **(2) Cheese & Pineapple Panini ‘V’**  (Gluten, dairy)  **(3) BLT (Bacon, lettuce & tomato Roll)**  (Gluten, dairy, may contain sesame)  served with **Crispy Fries & Vegetable Sticks**    **Assortment of Cakes & Biscuits**  (Gluten, may contain eggs or dairy) |

**PACKED LUNCH OPTION - Roll (**gluten may contain sesame**) with the stated filling, to include a packet of crisps/pom bears, vegetable sticks or salad & Dessert of the Day.**

**DESSERTS – yoghurt, fruit salad or fresh fruit is also available as an alternative to main choice**.