|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | **Week 1** |  |  |  | **Week 2** |  |  |  | **Week 3** |
|  |  | **Weeks commencing:**2 Sept, 23 Sept, 14 Oct, 11 Nov, 2 Dec |  |  | **Weeks commencing:**9 Sept, 30 Sept, 21 Oct, 18 Nov, 9 Dec |  |  | **Weeks commencing:**16 Sept, 7 Oct, 4 Nov, 25 Nov, 16 Dec |
| Monday |  | **(1) Juicy Meatballs in a Tomato Sauce with Pasta** (Meatballs – gluten, celery, soya, sulphur dioxide/Pasta – gluten)**(2) Pasta Neapolitan ‘V’**(Gluten)**(3) Jacket Potato with Cheese**(Dairy) **(4) Packed Lunch Option - Ham**(Roll – gluten, may contain sesameserved with **Vegetables** **Waffle, Ice Cream & Sauce**(Waffle – gluten, egg, soya, may contain Dairy/Ice Cream - dairy) | Monday |  |  **(1) Butchers Beef Burger in a Soft Roll**(Gluten, soya, sulphur dioxide/Roll – gluten, may contain sesame)**(2) Vegetable Breaded Burger ‘V’**(Gluten, soya, may contain sesame)**(3) Jacket Potato & Tuna Mayonnaise** (Fish, egg, mustard)**(4) Packed Lunch Option - Cheese**(Roll – gluten, may contain sesame/Cheese - dairy)served with **Diced Potatoes** and **Sweetcorn****Arctic Ice Cream Roll** (Gluten, dairy, egg, soya) | Monday |  | **(1) Breakfast Brunch– Sausage/Bacon/Hash Browns & Beans**(Sausage – gluten, celery, mustard, sulphur dioxide/Hash Browns – gluten, may contain dairy & egg)**(2) Vegetarian Breakfast ‘V’**(Sausage – gluten/Hash browns – as above)**(3) Jacket Potato & Cheese** (Dairy)**(4) Packet Lunch Option - Ham**(Roll – gluten, may contain dairy)Served with **Peas****Shortcake Biscuit** (Gluten) |
|  |  |  |  |  |  |  |  |  |
| Tuesday |  | **(1) Katsu Chicken & Rice**(Chicken – Gluten/|Sauce – Gluten, soya)**(2) Sweet Potato & Lentil Curry & Rice ‘V’****(3) Jacket Potato with Baked Beans****(4) Packed Lunch Option - Cheese**(Roll – gluten, may contain sesame/Cheese - daiary)Served with **Sweetcorn****Sponge Cake & Custard**(Gluten, eggs/Custard – dairy) | Tuesday |  | **(1) Pasta Carbonara & Garlic Bread**(Gluten, dairy/Garlic Bread – gluten, may contain sesame or dairy)**(2) Sweetcorn & Courgette Fritter ‘V’**(Gluten, dairy, egg)**(3) Jacket Potato with Baked Beans****(4) Packed Lunch Option - Ham**(Roll – gluten, may contain sesame) served with **Peas****Fruity Crumble & Custard**(Gluten, eggs/Custard - dairy) | Tuesday |  | **(1) Margherita Pizza**(Gluten, dairy)**(2) Cheese & Onion Omelette**(Dairy, egg)**(3) Jacket Potato & Baked Beans****(4) Packed Lunch Option – Tuna Mayonnaise**(Roll – gluten, may contain sesame/Filling – fish, egg, mustard)Served with **Diced Potato & Sweetcorn****Cake & Custard**(Cake – gluten, egg/Custard – dairy) |
|  |  |  |  |  |  |  |  |  |
| Wednesday |  | **(1) Butchers Roast Pork Sausages & Gravy**(Sausages – gluten, celery, mustard, sulphur dioxide/Gravy – gluten, soya) **(2) Vegetarian Quorn Sausage ‘V’** (Gluten) **(3) Jacket Potato with Tuna Mayonnaise**(Fish, egg, mustard) **(4) Packed Lunch Option - Ham** (Roll – gluten, may contain sesame) served with **Roast Potatoes & Vegetables** **Fruit Jelly or Frozen Mousse**(Mousse – dairy) | Wednesday |  |  **(1) Roast Gammon & Gravy** (Gravy – gluten, soya)**(2) Vegetarian Roast ‘V’** (Gluten, egg)**(3) Jacket Potato with Cheese**(Dairy)**(4) Packed Lunch Option – Tuna Mayonnaise**(Roll – gluten, may contain sesame/Filling – fish, egg, mustard)served with **Roast Potatoes & Vegetables** **Mini Doughnuts, Sauce & Sprinkles**(Gluten, dairy, soya, egg) | Wednesday |  | **(1) Roast Chicken Breast & Gravy**(Gravy – gluten, soya)**(2) Cauliflower Cheese**(Dairy)**(3) Jacket Potato with Tuna Mayonnaise**(Fish, egg, mustard)**(4) Packed Lunch Option – Cheese**(Roll – gluten, may contain sesame/Cheese – dairy)Served with **Roast Potatoes & Vegetables****Fruit Jelly or Ice Cream**(Ice Cream – dairy) |
|  |  |  |  |  |  |  |  |  |
| Thursday |  |  **(1) Bolognaise Sauce & Pasta**(Pasta – gluten)**(2) Quorn Bolognaise & Pasta ‘V’**(Quorn Sauce – egg, gluten/Pasta – gluten)**(3) Jacket Potato & Cheese**(dairy)**(4) Packed Lunch Option – Tuna Mayonnaise**(Roll – gluten, may contain sesame/Filling – fish, egg, mustard)served with **Peas****Chocolate Sponge & Chocolate Sauce**(Cake - gluten eggs/Sauce – dairy) | Thursday |  | **(1) Cottage Pie & Gravy**(Gluten, soya)**(2) Quorn Cottage Pie “V”**(Gluten, egg)**(3) Jacket Potato with Baked Beans****(4) Packed Lunch Option - Cheese**(Roll – gluten, may contain sesame/Cheese - dairy)Served with **Vegetables****Sponge Cake & Custard**(Cake – gluten, egg/Custard – dairy) | Thursday |  | **(1) Lasagne & Garlic Bread**(Gluten, dairy/Garlic Bread – gluten, may contain sesame or dairy)**(2) Macaroni & Vegetable & Tomato Bake with Garlic Bread**(Gluten, dairy/Garlic Bread as above)**(3) Jacket Potato with Baked Beans****(4) Packed Lunch Option - Ham**(Roll – gluten, may contain sesame)Served with **Peas****Sponge Cake & Custard**(Gluten, egg/Custard – dairy) |
|  |  |  |  |  |   |  |  |  |
| Friday |  | **(1) Pizza Baguette**(Gluten, dairy)**(2) Salmon Fishcake**(Fish, gluten)**Sausage Baguette** (Gluten, celery, mustard, sulphur dioxide) served with **Crispy Fries & Vegetable Sticks** **Assortment of Cakes & Biscuits** (Gluten, may contain eggs or dairy) | Friday |  | **(1) Chicken Fillet**(Gluten, mustard)**(2) Vegetarian Nuggets**(gluten)**(3) Ham Baguette**(Gluten, may contain sesame) served with **Crispy Fries & Vegetable Sticks**  **Assortment of Cakes & Biscuits** (Gluten, may contain eggs or dairy)  | Friday |  |  **(1) Oven Baked Fish in Breadcrumb** (Fish, gluten) **(2) Cheese & Pineapple Panini ‘V’** (Gluten, dairy) **(3) BLT (Bacon, lettuce & tomato Roll)** (Gluten, dairy, may contain sesame) served with **Crispy Fries & Vegetable Sticks**  **Assortment of Cakes & Biscuits** (Gluten, may contain eggs or dairy) |

 **PACKED LUNCH OPTION - Roll (**gluten may contain sesame**) with the stated filling, to include a packet of crisps/pom bears, vegetable sticks or salad & Dessert of the Day.**

 **DESSERTS – yoghurt, fruit salad or fresh fruit is also available as an alternative to main choice**.